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## Abstract of the Invention

This invention is directed to a method for preventing or treating bipolar disorder comprising administering to a subject in need thereof a therapeutically effective amount of an enantiomer of Formula (I) or enantiomeric mixture wherein one enantiomer of Formula (I) predominates:

$$R_3$$
 $R_4$ 
 $R_1$ 
 $R_2$ 

wherein phenyl is substituted at X with one to five halogen atoms selected from the group consisting of fluorine, chlorine, bromine and iodine; and,  $R_1$ ,  $R_2$ ,  $R_3$  and  $R_4$  are independently selected from the group consisting of hydrogen and  $C_1$ - $C_4$  alkyl; wherein  $C_1$ - $C_4$  alkyl is optionally substituted with phenyl (wherein phenyl is optionally substituted with substituents independently selected from the group consisting of halogen,  $C_1$ - $C_4$  alkyl,  $C_1$ - $C_4$  alkoxy, amino, nitro and cyano).

Formula (I)

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